

The Parent Café

Feeding Your Baby



THE HEALTHY BABIES, *FEEDING YOUR BABY*, PARENT CAFE IS A FREE, WEEKLY OPPORTUNITY FOR NEW PARENTS TO TALK WITH EACH OTHER.

CONNECT WITH OTHERS WHO UNDERSTAND THE CHALLENGES & JOYS OF BEING A NEW PARENT.

When can you give a baby cow's milk?



How do I make baby food?

How do I know my baby is getting enough to eat? ?

**ZOOM OR
CALL IN THURSDAYS
AT 11AM
OCTOBER 22-
NOVEMBER 19TH
REGISTER AT**

**[HTTPS://PORTAGE.EXTENSION
.WISC.EDU/NUTRITION-EDUCATION/
NUTRITION-EDUCATION-CLASSES/](https://portage.extension.wisc.edu/nutrition-education/nutrition-education-classes/)**

OR CALL 715-343-6254

***or find us on Facebook!*
*@PortageWoodFoodWise***



What do I do if my baby refuses to eat certain foods?



Extension
UNIVERSITY OF WISCONSIN-MADISON
PORTAGE COUNTY